

Thank you so much for choosing to #RunWithFerguson as a Virtual Runner.



- Print out the “Virtual Runner” bib below.
- Run or walk a 5K, 10K, or 1-mile course between May 12 and May 19 at a location and time convenient for you.
- Take a picture of your run or walk and post to social media including #RunWithFerguson and #FergTwilightRun in your post or email us at racedirector@fergtwilightrun.com.
- Enter your time (if you wish) on the Results Tab at <https://runsignup.com/Race/MO/SaintLouis/FergusonTwilightRun>
- If you chose swag, your shirt & finisher’s medal before June 10.



Virtual Run
Presented By



JAMES
FAMILY

Virtual Runner

from

www.FergTwilightRun.com

#RunWithFerguson